



The Go Spike Big Weekend is back – Let's Make it Happen!

The Go Spike Big Weekend is back, and bigger than ever! Local communities are invited to head to the courts and enjoy one of the best summer sports around – volleyball. The second of our Go Spike Big Weekends takes place this August Bank Holiday (Friday 29th, Saturday 30th and Sunday 31st August) in 43 confirmed locations with parks, leisure centres and beach volleyball courts being taken over by fun, friendly, and completely **FREE** volleyball activities.

Volleyball is the only hi-energy, zero body contact, team sport that you can play indoors and outdoors- perfect for the British weather. Everyone's invited: age, ability, fitness and disability are no barrier when it comes to enjoying volleyball. So why not get involved this August Bank Holiday weekend and find out for yourself why volleyball is one of the top three most-played sports in the world!?

Lisa Wainwright, Chief Executive of Volleyball England, said "If you have never played volleyball then you're missing out on one of the best team sports going. The Go Spike Big Weekend definitely helps us spread the message that volleyball is a fun and social sport that can be played by anyone, anywhere, anytime.

"It's great to see the Go Spike Big Weekend getting bigger and better – and this August, with the addition of a further 43 events will ensure that 2015 is a record breaking year for the Big Weekend!

"So get into volleyball this weekend. A huge thank you to the clubs, community and sports groups who are helping us make it happen."

Ends

August 2015

For more information, please contact:

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