



London Workplace Volleyball Leagues Information Guide – Hyde Park League



Vision of the Workplace Leagues

To develop a vibrant, recreational, social Go Spike Workplace League that is accessible to all workplaces, easy to self-organise and implement as well as being sustainable and low cost for workplaces and participants.

Through Sport England we have received funding for you to establish and self-manage your own volleyball workplace league.

Where are the Leagues

The first two Go Spike workplace leagues are:

- London Charities League - Hyde Park, London
- Stratford Business League - Queen Elizabeth Olympic Park, London

Go Spike Charities League Dates

Taster 1: Monday 20th July 2015 from 6.00pm – 8.00pm, The Old Football Pitches, Hyde Park.

Taster 2: Monday 27th July 2015 from 6.00pm – 8.00pm, The Old Football Pitches, Hyde Park.

League to Start: Monday 3rd August from 6.00pm – 8.00pm, The Old Football Pitches, Hyde Park

League to run to: Monday 27th September – Weather dependent.

No need to have previous experience - just turn up and play!

If you join the league all equipment will be provided.

How to Confirm your Attendance at a Taster

Email Samantha Harding, Adult Participation Manager, at s.harding@volleyballengland.org.

Number of Places in the League Available

The funding received through Sporting England provides 12 fully funded league places which includes equipment and training to establish your workplace volleyball team.

This includes:

- 1 x Volleyball England & Go Spike branded Fixed Height Outdoor Net System
- 8 x Go Spike Balls
- 1 x Go Spike Ball Carrier
- 1 x Go Spike Activator Award Course Place – Recommended to attend for success in the league
(Package value £450.00 inc. VAT)

We very much hope additional teams will wish to join the league in the first year and we encourage all workplaces with an interest to sign up to the league.

London Charities Rules

A copy of the rules will be included in each Go Spike Fixed Height Net System for reference during games and available during the Activator Training.

The volleyball league is designed to complement and offer additional recreational sporting competition alongside other workplace sporting opportunities, e.g. Softball League.

Team Structure

6 members per team, 4 players on court at any one time with a 50/50 male and female split. Workplaces are welcome to have as many teams as possible.

League Structure

Recommended 6 weeks of pool play followed by 2 weeks of playoffs, with the league running from early August to late September.

Potentially 2 games per evening per pool – all 12 funded workplaces will have an Outdoor Net System and Go Spike Balls therefore having the potential to have two games playing at once. All games to be self-refereed with 1 member of each team refereeing at each side of the court.

Best of 3 sets, first to 21 points per set – 2 points clear – must play all 3 sets.

League Administrators

The league will require at least 1 or 2 individuals who are willing to be League Administrators. These will:

- Update league tables following matches on the League Republic website
- Create fixtures on League Republic and communicate information to Team Captains
- Be the central point of contact for Team Captains
- Help to organise the play offs
- Organise pre-season Captains meeting

Additional Equipment Available to Purchase

All items can be purchased from the [Volleyball England Shop](#)

Go Spike Balls

A lightweight recreational volleyball – We recommend the Go Spike Ball is used for all volleyball activity within the workplace leagues for consistency of play.

Cost: £12.00 each plus postage

Go Spike Game in a Bag and Go Spike Ball Package

The Go Spike Game in a Bag and Go Spike Ball is the cost effective way to practice recreational volleyball in preparation for league games within the workplace.

Cost: £22.00 each plus postage.



Volleyball England Contact Details

For further information regarding London Workplace Leagues or equipment orders please contact:

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