



# Girls Active 2018 Camp and Programme Information

Are you passionate about volleyball and helping girls at your school become more physically active?

Then why not apply to attend the Youth Sport Trust's Girls Active Camp, and make a real difference to the PE and physical activity opportunities available to girls at your school.

## **What is the Girls Active Camp?**

The Girls Active Camp, which is delivered by the Youth Sport Trust, aims to inspire a new host of teenage girls to become role models within their schools. It will help to shape how you can make PE and physical activity more appealing to your peers. The camp will run from 23<sup>rd</sup> – 25<sup>th</sup> March 2018 at Loughborough University. You can watch a video of the 2017 Girls Active Camp [here](#).

Following the camp, you will deliver 10 weeks of activity to other girls in your school, with the support of the Youth Sport Trust and school staff.

## **Who are we looking for?**

We are looking for 2 x 16-18 year old girls, who are:

- Currently attending school
- Currently coaching/activating volleyball either formally or informally in their school and/or club
- Interested and passionate about helping girls at their school become more physically active

## **What to expect?**

The Girls Active Camp is multi-sport and will not focus on volleyball. However, you will be encouraged to include volleyball in your follow up 10-week delivery in school.

You can watch a video of the 2017 Girls Active Camp [here](#) and find out more about the Girls Active programme from the Youth Sport Trust [here](#).

## **How to apply?**

To apply, please complete an application form, which can be found [here](#), and return it to: Fiona Sweetman, Project Delivery Team Lead by **Friday 19<sup>th</sup> January 2018** via email:

[f.sweetman@volleyballengland.org](mailto:f.sweetman@volleyballengland.org)