



Coaching Conference 2017 Schedule - Players					
Time	Session	Who?	Length (minutes)	Where?	Notes
Pre-10am	Sign in	n/a	n/a	Classroom - Portland	
10:00-10:25	Open warm up	n/a	25	Sports hall	
10:25 - 11:25	Designing a system of play	Luke Thomas	60	Sports hall	<i>Practical session</i>
<i>Movement - 10 minutes</i>					<i>You are free to practice in the hall or take part in the classroom session</i>
11:35 - 12:05	Building a successful team	Branislav Kovac	30	Classroom - Portland	
12:05 - 13:05	Lunch		60	Classroom - Portland	
13:05 - 14:05	Mentoring	Mark Harris	60	Sports hall	<i>Practical session</i>
<i>Short Break - 10 minutes</i>					
14:15 - 15:15	Helping players overcome physical barriers S&C	Gary Hutt	60	Sports hall	<i>Practical session</i>
<i>Short Break - 10 minutes</i>					
15:25 - 16:55	Masterclass on attack	Jefferson Williams	90	Sports hall	<i>Practical session</i>
16:55 - 17:00	Summary and close	Luke Thomas	5	Sports hall	

First Floor – National Volleyball Centre, Kettering

Please make your way to the Portland room, on the first floor, for the start of the day, where you will be able to sign in for the conference.

